

RSE

Year group: 1

Term: Summer

Growing and changing

Recognising what makes them unique and special; feelings; managing when things go wrong



Topic overview

It's funny how day by day nothing changes, but when you look back, everything is different.

By the end of this unit,
I will be able to:

Prior knowledge

- Show an understanding of their own feelings and those of others, and begin to regulate
- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

- to recognise what makes them special and unique including their likes, dislikes and what they are good at
- how to manage and whom to tell when finding things difficult, or when things go wrong
- how they are the same and different to others
- about different kinds of feelings
- how to recognise feelings in themselves and others
- how feelings can affect how people behave

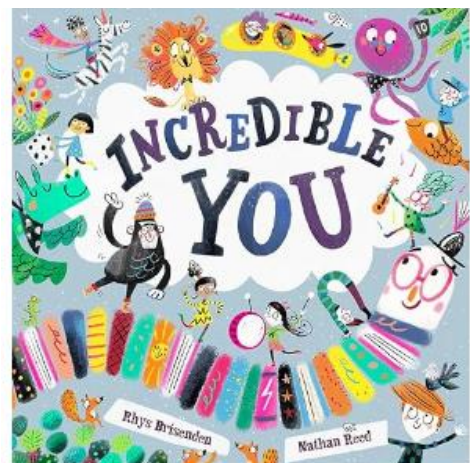
National Curriculum Objectives



By the end of primary school:

Pupils should know

- the importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs.
- the importance of self-respect and how this links to their own happiness.
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority.



Key vocabulary

unique, special, same, different, feelings, recognise